

What is your baby communicating to you?

Are you craving connection to a supportive community
of women committed to conscious parenting?



Mommy, Me & Spirit_{sm}

For Mothers & their babies

In the past, a village raised a child. Organically, we accessed our inner feminine knowing through our relationships with our mothers, aunts, grandmothers and the wise women in the tribe.

Today, we live far distances from our families and close friends and we feel isolated and alone. We are disconnected and disempowered. We no longer have the luxury of time or the freedom to explore new horizons of personal growth and creativity.

In this **GROUND BREAKING** workshop...

- ✿ We **CREATE** a sacred circle of empowered women.
- ✿ You **LEARN** tools & techniques that will **TRANSFORM** your experience of motherhood and **DEEPEN** your connection with your baby and Spirit.

Topics include:

- ✿ What is Conscious Parenting?
- ✿ Identifying and clarifying your ideal vision of motherhood.
- ✿ New language to communicate with your baby.
- ✿ Reclaiming your desires, creativity and femininity.
- ✿ Magnetizing a balanced and inspiring life.



Facilitated by Cheryl Stotter. Cheryl is a workshop leader, certified empowerment & fertility coach, and businesswoman. She has been working in the field of transpersonal development, healing technologies and psychology for over a decade. She has a Masters degree in Spiritual Psychology and is completing her PhD in Pre and Perinatal Psychology at Santa Barbara Graduate Institute. She is a member of the Association of Pre and Perinatal Psychology & Health (APPPAH) and the International Coach Federation (ICF). (www.conceivecoaching.com)

Start Dates: October 6th – Ongoing Monthly Classes

Times/ Location: 10:30am – 12:30pm/ Santa Monica location (call for details)

Investment: \$20/per class

Reservations: 310-422-5959 / cheryl@conceivecoaching.com

PLEASE RESERVE YOUR SPACE – MAXIMUM OF 15 PARTICIPANTS

Join us for this life changing experience.

May your heart be awake and open and may wisdom be your guide.